

BOURRÉE

(central France)

The bourrée is perceived as originating in Auvergne since the seventeenth century, although this is not certain. The name bourrée comes from the bundles of small wood that fed the fire around which the dance was practiced. It was very fashionable under Louis XIV. George Sand, who liked to dance the bourrée du Berry, characterizes it in his writings as "our classical dance, supple, well rhythmmed" and very graceful in its simplicity. The 3-beat bourrée comes from the Massif Central (Auvergne/Limousin) but is danced almost everywhere now.

DANCE:

Bourree 2 temps (2 count) introduced at Missoula Inaugural Balfolk Dance on 3/28/2025.

SAMPLE DANCE VIDEO:

Bourrée 2 temps - vidéo notes tutorial

https://youtu.be/yDCbfE0p3_Q?si=fBKUNVXLJqDnqGz3

Bourrée 2 temps (short)

https://youtu.be/jkJCFcLGfGo?si=bYHAsnL0imt_1OAY

MUSIC:

(3/28/2025) Les pattes velues / Bourrée 2 temps

<https://youtu.be/JV-ZjEal1qU?si=bXDauzquJj9rH-Xn>

DANCE :

Cercle et Bourrée introduced at Missoula Balfolk Dance on 4/25/2025.

SAMPLE DANCE VIDEO :

<https://youtu.be/PynlGPFxeB4?si=sEBBic8SMRynQ3PK>

MUSIC :

(4/25/2025) Rémi Geffroy - Suite de Bourrées deux temps / Cercle et Bourrée

<https://youtu.be/PD4TJrTm9Jw?si=FTNVJp-bGwgkNZ3u>

DANCE:

Bourrée 3 Temps introduced at Missoula Balfolk Dance on 4/25/2025.

SAMPLE DANCE VIDEO :

https://youtu.be/8S_jL0XEMvE?si=ZmUUKrI_YFmSJ36A

https://youtu.be/j0UfIGSoD_4?si=fF9ZTtxSKjz7qfl_

MUSIC :

(4/25/2025) Mirabèla - Bourrée 3 temps

https://youtu.be/PobTWGQVRY0?si=4UJ6wGicz_GGzvWJ