

# AN DRO

(Brittany)

The an dro or en dro is a round or chain dance from Lower Brittany. It is one of the ancient forms of dance already practiced in the seventeenth century and still today. Dancers hold each other by the little finger and move obliquely to the left with slight backwards, three steps forward to the left and then three small steps backwards on the spot. The arms swing and make a spiral pattern in the second half of dance phrase.

## **DANCE:**

Introduced at Missoula Inaugural Balfolk Dance on 3/28/2025.

## SAMPLE DANCE VIDEO:

Andro - Balfolk Québec 2017-11-30

[https://youtu.be/SpVVu8kq70g?si=-f5m\\_jjoBJUJYvMD](https://youtu.be/SpVVu8kq70g?si=-f5m_jjoBJUJYvMD)

An dro - Bal Folk à Paris

<https://youtu.be/TYa18YZpUlw?si=3A7mlfwh5f7-hml8>

## MUSIC:

(3/28/2025) TOPETTE!! "Just Heavy" (nice video)

<https://youtu.be/hgygYNcyGms?si=GskigDb6K-qO7SRT>

(4/25/2025) The Rogues – An Dro

<https://youtu.be/MHuvPGsmVDo?si=Uzq86qnoH72loNsr>

(5/23/2025) Shoes Off - DAHU

[https://youtu.be/a\\_8-RM\\_HY5E?si=ae\\_vj2BYUMp3kLxo](https://youtu.be/a_8-RM_HY5E?si=ae_vj2BYUMp3kLxo)